

PUBLIC RELEASE

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 Unemployment Office: Birmingham Career Center Date: 7/1/2026
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Public Release

Glenwood has announced its policy for free and reduced-price meals for children served in schools under the National School Lunch Program and School Breakfast Program. Local school officials have adopted the following household size and income criteria for determining eligibility:

Children need healthy meals to learn. **Glenwood offers healthy meals for free to every student**, but day students must fill out the free and reduced meal applications for state documentation and reimbursement purposes. Below are some common questions and answers to help you with the application process.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?

- All children in households receiving benefits from **Alabama SNAP, the Food Distribution Program on Indian Reservations (FDPIR) or Alabama TANF**, are eligible for free meals.
- All children in the households receiving benefits from Medicaid are eligible for free or reduced meals.
- Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children participating in their school's Head Start program are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children who are directly certified are eligible to receive free meals.
- When known to Glenwood, households will be notified of their children's eligibility for free meals based on their participation (or a household member's participation) in the: Supplemental Nutrition Assistance Program (SNAP); Food Distribution Program on Indian Reservations (FDPIR); or Temporary Assistance for Needy Families (TANF), if the State program meets Federal standards.
- When known to Glenwood, households will be notified of any child's eligibility for free meals based on the individual child's designation as Other Source Categorically Eligible, as defined by law. Children are determined Other Source Categorically Eligible if they are:
 Homeless,
 Migrant,
 Runaway,
 A foster child, or
 Enrolled in Head Start or an eligible pre-kindergarten program (see: SP 40-2013: Q&As Regarding the Participation of Head Start Programs in Child Nutrition Programs, <https://www.fns.usda.gov/qas-regarding-participation-head-start-programs-child-nutrition-programs-0>).

INCOME ELIGIBILITY GUIDELINES											
Effective from July 1, 2025 to June 30, 2027											
HOUSEHOLD SIZE	FEDERAL POVERTY GUIDELINES	REDUCED PRICE MEALS = 185%					FREE MEALS = 130%				
		ANNUAL	MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY	ANNUAL	MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY
48 CONTIGUOUS STATES, DISTRICT OF COLUMBIA, GUAM, AND TERRITORIES											
1	15,950	29,526	2,461	1,231	1,136	599	20,748	1,729	868	798	359
2	21,984	40,034	3,337	1,669	1,540	770	28,132	2,345	1,173	1,082	541
3	28,018	50,542	4,212	2,106	1,944	972	35,516	2,962	1,480	1,366	683
4	34,052	61,050	5,088	2,544	2,349	1,175	42,900	3,575	1,788	1,650	825
5	40,086	71,558	5,964	2,982	2,753	1,377	50,284	4,191	2,088	1,934	967
6	46,120	82,066	6,839	3,420	3,157	1,578	57,668	4,806	2,403	2,218	1,109
7	52,154	92,574	7,715	3,858	3,561	1,781	65,052	5,421	2,711	2,532	1,251
8	58,188	103,082	8,591	4,296	3,966	1,983	72,436	6,037	3,019	2,798	1,383
For each additional family member, add	5,683	10,508	876	432	402	203	7,384	615	308	284	142

2. HOW DO I KNOW IF MY CHILDREN AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail Glenwood.
3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. *Use one Free and Reduced-Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: **Sara Davis, CNP Director: sdavis@glenwood.org or by mail: 150 Glenwood Ln, Birmingham, AL 35242**
4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact **Sara Davis, CNP Director: (205) 795-3268.**
5. CAN I APPLY ONLINE?

No, an online application is not available at this time.
6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year, through **August 27, 2026.** You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
7. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced-price meals. Please send in an application.
8. WILL THE INFORMATION I GIVE BE CHECKED? Yes. In accordance with program regulations school officials will be verifying the income of some households at some time during the school year. Selected households will be requested to provide income documentation in order to continue receiving free and reduced-price meals.
9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.
10. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: **Sara Davis, CNP Director: sdavis@glenwood.org or by mail: 150 Glenwood Ln, Birmingham, AL 35242**
11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.
12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
14. DO I HAVE TO PROVIDE MY SOCIAL SECURITY NUMBER? Only the last 4 digits of the social security number of the household's primary wage earner or another adult household member (or an indication of "none") is required.
15. MAY I DECLINE BENEFITS? Yes. Households notified of their children's eligibility must contact Glenwood if they choose to decline the free meal benefits.
16. WHAT IF ALL CHILDREN ELIGIBLE FOR BENEFITS ARE NOT ON THE NOTICE OF ELIGIBILITY LETTER? If children or households receive benefits under Assistance Programs or Other Source Categorically Eligible Programs and are not listed on the notice of eligibility and are not notified by the school of their free meal benefits, the parent or guardian should contact the school or should submit an income application.

17. **WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY?** Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
18. **WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY?** List any additional household members on a separate piece of paper and attach it to your application. Contact **Sara Davis, CNP Director:** sdavis@glenwood.org or **(205) 795-3268** to receive a second application.
19. **MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR?** To find out how to apply for **Alabama SNAP** or other assistance benefits, contact your local assistance office or call **(800) 382-0499**.

If you have other questions or need help, call **(205) 795-3268**

Sincerely,



Sara Davis, Child Nutrition Program Director

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- 1. Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
- 2. Fax:** (202) 690-7442; or
- 3. Email:** program.intake@usda.gov.

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