

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Glenwood

Month and year of current assessment: October 2025

Date of last Local Wellness Policy revision: 4/10/25

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.glenwood.org

Wellness Committee Information

How often does your district wellness committee meet? every 3 years

District Wellness Coordinator

Name	School	Job Title	Email Address
Sara Davis	Allan Cott	CNP Director	sdavis@glenwood.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Sara Davis	Allan Cott	CNP Director	sdavis@glenwood.org

District Wellness Committee Members

Name	School	Job Title	Email Address
Valorie Wilson	Allan Cott	Director of Health Services	vawilson@glenwood.org
Paul Agostini	Allan Cott	Superintendent	pagostini@glenwood.org
Ella Bester	Allan Cott	Kitchen Man.	ebester@glenwood.org
Ginger Combs	Allan Cott	PRN RDN	gcombs@glenwood.org
Caleb Larue	Allan Cott	Rec Instructor	clarue@glenwood.org
David Wilson	Allan Cott	RN-CRNP	dwilson@glenwood.org
Justin Ragland	Allan Cott	Marketing	jragland@glenwood.org
April Richardson	Glenwood	HR	arichardson@glenwood.org
Pete Peterson	Glenwood	Accounting	ppeterson@glenwood.org
Miriam Stahlhut	Glenwood	Accounting	mstahlhut@glenwood.org

*See page 13 for space to add Wellness Committee members.

gingercombs@gmail.com

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- ☒ Alliance for a Healthier Generation Model Policy
- ☒ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- ☐ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

Overall, we scored an 84 on comprehensive ness and a 67 on total strength. Our weakest areas were

- Section 2: Nutrition & Environment & Services
 - + need to include language about NSLP & SBP
 - + need to address "seat time"
 - + need to address food not being used as rewards
- Section 3: Nutrition Education
 - + need to outline specific nutritional education being taught to students & how it connects to our food system.
- Section 4: Physical Education & Activity
 - + need to include PE curriculum
 - + need to include PE times
 - + Teacher qualifications & training?
 - + need to include families & staff & plans for before/after school physical activity.
 - + Physical activity as reward

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.	Compliant.

Access to free potable water on campus	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. List how access to potable water is made available in schools.	Compliant.

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guide and Implementation.	N/A
Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. If applicable, list additional school goals below:	N/A

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. List physical activity opportunities that are offered at schools: ⊕ Maybe make detailed season plans for activity outside of school?	- Daily recess - Pool/swim lessons before/after school in season - Hikes after school in season Playground, Basketball, & trails available

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. List how nutrition promotion and nutrition education are provided in schools:	Plan to incorporate: Students all participate in school meals. Maybe try to find lessons & train teachers on fun/easy nutrition lessons to incorporate throughout year?

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. List other school-based activities that are offered by the district:	Signage & posters in Cafeteria. Could look at incorporating more throughout school.

CHECKLIST:

Triennial Assessment was made public:

Date: _____

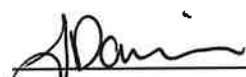
Updated Wellness Policy received Board approval: (if applicable)

Date: _____

Wellness Policy was made public:

Date: _____

SIGNATURES:


District Wellness Assessment Leader

PRINT NAME: Sara Davis
DATE: 10/23/25


District Wellness Coordinator

PRINT NAME: Sara Davis
DATE: 10/23/25


Superintendent

PRINT NAME: Paul D. Agostini
DATE: 10/23/25

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Allan Cott

Date: 10/13/25

School Wellness Leader: Sara Davis

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.				N/A No food or beverages sold on School campus to students.

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	✓			
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

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Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	✓			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: ◦ Health Services ✓ ◦ Social Emotional Development ✓ ◦ Care giver Engagement ✓				

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Overton

Date: 10/13/25

School Wellness Leader: Sara Davis

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.				N/A No food sold.

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	✓			
<u>If applicable, list additional school goals below:</u> Potable water will be available at mealtimes in residential programs.	✓			

Section 3: School Level Progress Report continued

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Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.	✓			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				N/A. No food ads on campus.
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

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Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	✓			
Examples: - Physical education: (structured and un-structured play) - Our school prohibits withholding activities/recess as a punishment.	X	X		
List school goals in this section: Residential programs provide physical & social activities daily.	✓			

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	✓			(all students must participate)
Examples: - Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year - National School Lunch/School Breakfast Week promotion				
List school goals in addition to the required outreach included in this section: - School Breakfast Outreach - Summer Food Service Outreach	✓ ✓			

Section 3: School Level Progress Report

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Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	✓			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: • Health Services • Social Emotional Development	✓ ✓			

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Mitchell

Date: 10/13/25

School Wellness Leader: Sara Davis

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule and ALSDE:</u> - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.				N/A No food sold.

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	✓			
<u>If applicable, list additional school goals below:</u> Potable water will be available during mealtimes at residential programs. ✓				

Section 3: School Level Progress Report continued

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Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.	✓			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				N/A. No food ads on campus.
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

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Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	✓			
Examples: - Physical education: (structured and un-structured play) - Our school prohibits withholding activities/recess as a punishment.	X	X		
List school goals in this section: Residential programs provide physical & social activities daily.	✓			

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	✓			(all students must participate)
Examples: - Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year - National School Lunch/School Breakfast Week promotion				
List school goals in addition to the required outreach included in this section: - School Breakfast Outreach - Summer Food Service Outreach	✓ ✓			

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Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	✓			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: ◦ Health Services ◦ Social Emotional Development	✓ ✓			

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Ireland

Date: 10/13/25

School Wellness Leader: Sara Davis

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE: - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.				N/A No food sold.

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	✓			
If applicable, list additional school goals below: Potable water will be available during mealtimes at residential programs.	✓			

Section 3: School Level Progress Report continued

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Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.	✓			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				N/A. No food ads on campus.
If applicable, list additional school goals below:				

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Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	✓			
Examples: - Physical education: (structured and un-structured play) - Our school prohibits withholding activities/recess as a punishment.	X	X		
List school goals in this section: Residential programs provide physical & social activities daily.	✓			

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	✓			(all students must participate)
Examples: - Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year - National School Lunch/School Breakfast Week promotion				
List school goals in addition to the required outreach included in this section: - School Breakfast Outreach - Summer Food Service Outreach	✓ ✓			

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Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	✓			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: o Health Services o Social Emotional Development	✓ ✓			

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: Hope Cottage

Date: 10/13/25

School Wellness Leader: Sara Davis

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE: - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.				N/A No food sold.

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	✓			
If applicable, list additional school goals below: Potable water will be available during mealtimes at residential programs.	✓			

Section 3: School Level Progress Report continued

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Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.	✓			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				N/A No food ads on campus.
If applicable, list additional school goals below:				

Section 3: School Level Progress Report

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Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	✓			
Examples: - Physical education: (structured and un-structured play) - Our school prohibits withholding activities/recess as a punishment.	X	X		
List school goals in this section: Residential Programs provide physical & social activities daily.	✓			

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	✓			(all students must participate)
Examples: - Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year - National School Lunch/School Breakfast Week promotion				
List school goals in addition to the required outreach included in this section: - School Breakfast Outreach - Summer Food Service Outreach	✓ ✓			

Section 3: School Level Progress Report

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Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	✓			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: ○ Health Services ○ Social Emotional Development	✓ ✓			

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

School: McDonough

Date: 10/13/25

School Wellness Leader: Sara Davis

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule and ALSDE: - All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs - All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. - Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.				N/A No food sold.

Access to free potable water on campus	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.	✓			
If applicable, list additional school goals below: Potable water will be available during meal-times in residences.	✓			

Section 3: School Level Progress Report continued

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Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.	✓			
If applicable, list additional school goals below:				

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.				N/A No food ads available.
If applicable, list additional school goals below:				

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Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.	✓			
Examples: - Physical education: (structured and un-structured play) - Our school prohibits withholding activities/recess as a punishment.	X	X		
List school goals in this section: Residential programs provide physical & social activities daily.	✓			

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.	✓ (all students must participate)			
Examples: - Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year - National School Lunch/School Breakfast Week promotion				
List school goals in addition to the required outreach included in this section: - School Breakfast Outreach - Summer Food Service Outreach	✓ ✓			

Section 3: School Level Progress Report

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Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.	✓			
Examples: • Social Emotional Development • Counseling • Health Services • Physical Environment • Caregiver (Family) Engagement • Community Involvement				
List school wellness activity goals in this section: ○ Health Services ○ Social Emotional Development	✓ ✓			

Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

- ☒ content specific training (i.e., Nutrition Education, Physical Education/Activity)
- ☐ assistance with a school-based health assessment
- ☐ strategies for implementing the local Wellness Policy
- ☐ healthy and profitable non-food fundraisers
- ☐ healthy school non-food celebrations
- ☐ increasing engagement
- ☒ grant writing support
- ☒ local and state resources
- ☐ other (please specify):

Local Wellness Policy Recommendations

This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.

- Occupational Therapy to be considered as nutritional education & promotion
- New food introductions at Allam Cott
- Standardized meal plans for residential programs & shopping lists
- Training & education for res. staff

Signatures:

District Wellness Assessment Leader: J. Davis

DATE: 10/23/25

School Wellness Leader: J. Davis

DATE: 10/23/25

Principal: [Signature]

DATE: 10/23/25

District Wellness Co.

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